

# Lunch week 1

All our ingredients are locally sourced and delivered fresh by local suppliers. Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	Beef Chili Con Carne served with Fluffy Rice & Tortilla Chips	Chicken Romana Meatballs served with Spaghetti	Roast Gammon served with Roast Potatoes and Seasonal Veg	Chicken Curry served with Fluffy White Rice	Hand Battered Fish served with Chips & Peas or Baked Beans
<b>ALL SERVED WITH SEASONAL VEGETABLES &amp; POTATO OR RICE DISH OF THE DAY</b>					
<b>PLANT BASED / VEGETARIAN</b>	Red Lentil 5 Bean Chili served with Fluffy Rice & Tortilla Chips	Quorn Meatballs served with Spaghetti	Hunters Quorn Fillet served with Roast Potatoes and Seasonal Veg	Sweet Potato, Red Lentil and Roasted Pepper Curry served with Fluffy White Rice	Vegetable Sausage served with Chips & Peas or Baked Beans
<b>ALL SERVED WITH SEASONAL VEGETABLES &amp; POTATO OR RICE DISH OF THE DAY</b>					
<b>STREET FOOD</b>	Hot N Spicy Chicken Baguette	Vegetable Chow Mein	Pulled Pork Loaded Nachos with Cheese & Salsa	Honey & Soy Chicken Fried Rice	Southern Fried Chicken Goujons & Chips
<b>TAKEAWAY TUBS</b>	Pasta served with Selection of Sauces	Pasta served with Selection of Sauces	Pasta served with Selection of Sauces	Pasta served with Selection of Sauces	Pasta served with Selection of Sauces
<b>PIZZA SLICE</b>	Margarita Pepperoni	Margarita Pepperoni	Margarita Pepperoni	Margarita Pepperoni	Margarita Pepperoni
<b>JACKETS</b>	<b>TRY OUR DELICIOUS FILLINGS FOR 85p EACH</b>				
<b>DESSERTS</b>	Toffee Apple Crumble served with Custard	Sticky Lemon Sponge served with Custard	Chocolate Sponge served with Chocolate Sauce	Banana Cake served with Toffee Sauce	Treacle Sponge served with Custard

## Meal Deal

Main Meal  
With Vegetables  
And Dessert



+



+



# £2.50

All Of Our Main Meals,  
Sandwiches & Desserts Are  
Freshly Made On Site Every Day