



# Woodrush High School

An Academy for Students Aged 11-18

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## Splash of Green for Mental Health – Thursday 15<sup>th</sup> May 2025

Dear Parents and Carers,

As part of *Mental Health Awareness Week* (12<sup>th</sup>–18<sup>th</sup> May 2025), we are taking the opportunity to come together as a school community to highlight the importance of mental well-being for all the students and staff in our community.

This year's theme is "*Community*"—where we will celebrate and focus on the power and importance of the people we share our community with. Communities can provide a sense of belonging, safety, support, and give us a sense of purpose.

We would like to invite all students and staff to **wear a splash of green on Thursday, 15<sup>th</sup> May**, to show their support for mental health awareness. **Students will continue to wear school uniform on this day, but they can add a green accessory**, such as a hair ribbon/bobble, socks, badge or wristband—whatever they feel comfortable wearing. Green is the colour that represents mental health awareness, and wearing it is a simple but powerful way to show solidarity and support. If your child wishes to wear a 'splash of green' we would be grateful for you to donate to one of our school charities – Mind. Parents and carers can also contribute as they wish.

**Link to Mind Just Giving - [Woodrush High School is fundraising for Mind](#)**

When as a school we experience difficult times the importance of mental health becomes even more apparent. Our thoughts remain with those affected, and we are continuing to provide support to students and staff as needed.

As always, our pastoral and safeguarding teams are here for any student or adult in our community, who may need to talk or seek help, whatever they want to talk about. We are committed to fostering a supportive environment where every student feels safe, heard, and valued.

Thank you for your ongoing support in promoting well-being across our school.

Yours faithfully,

Mr J Barber  
Headteacher

Headteacher: Mr J Barber, BA (Hons), PGCE, NPQH  
Deputy Headteacher(s): Mr D Monk, BSc (Hons), PGCE, NPQH; Mrs M Holtom-Brown, BA (Hons), GTTP; Mr I Wright, BA (Hons), PGCE  
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